



"Jack frost nipping at your nose"

Editorial

Nope, not going to break into song. There are few better things in life than a bacon butty. So mixing bacon and archery is only natural or in my case just enjoying the bacon, tea and Sylvia's baking. This interruption to the indoor season may not be to everyone's taste but with the gym having another booking, we did not have a choice, but given the chance one which I would like to repeat.

New Year also brings resolutions, so make one for the archery club, be it introduce a new member, achieve a score, bake a cake for one club meet, offer to do a job for the club or more importantly say hello to a club member you don't really know, after all you have something in common.

On behalf of the Committee, wish you a Happy Christmas and a Fantastic New Year.

Club Notices

Please take the time to say hello to our new member Steve.

Please check the website for any changes/times of club competitions.

The setting up and taking down of equipment is the responsibility of all club members. So, please don't arrive late and leave early. Everybody's help is needed.

New Year's Meal

I am pleased to announce that our LAC new year's meal will be on Sunday the 25th of January.

Again it will be at with Kilworth Golf Club, we will arrive for drinks at 12.30pm and sitting down for lunch at 1.00pm.

The golf club is offering 2 or 3 course options.

2 courses - adult £14.25 - children £9.95

3 courses - adult £17.95 - children £12.95

For now I need to know who is attending, how many places need reserving, how many courses / children's options , and payment for your booking.

Please note advanced payment is required, and anyone not paid before I have to give final confirmation of the numbers on January 10th will not be included in the meal, even if they requested a place.

A full menu will be sent nearer the time for you to make your meal choice.

Martin

CONTENTS

- i Editorial
- ii Club Notices
- iii New Year's Meal
- iv Funds
- v Congratulations
- vi Auntie Val
- vii Unstrung
- viii LAC Diary
- ix LRCAA Diary
- x Onesie
- xi Funshoot
- xii It's in the Blood
- xiii Eleanor
- xiv Skittling
- xv 'One Sheet'



CONGRATULATIONS

Angela	Club record	Ladies Barebow	WA18	159	18th October
	1st	Ladies Recurve u14	Portsmouth	Hinckley	26th October
Eleanor	2nd	Ladies Recurve u14	WA18	Melton	2nd November
	Club record	Ladies Recurve u14	WA18	356	2nd November
Glynis	Club record	Ladies Recurve	WA18	507	25th October
Will	Club record	Gents U16 Recurve	WA18	135	25th October

Auntie Val
 If you have an archery problem,
 let Auntie Val help
 Email: news@lutterwortharchery.org.uk

Dear Val,
 Each time I release an arrow, the sting catches my bow arm, can you help?
 Yours Sori Lym

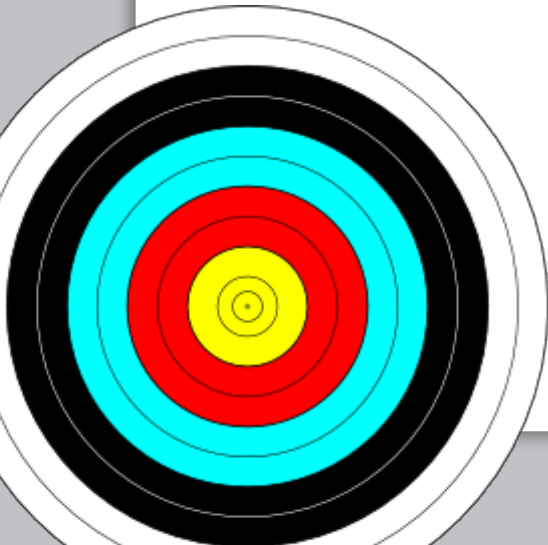
Dear Sori,
 Hurts, doesn't it? Not to mention the bruise!
 You are clearly locking your bow arm which puts it in line with the string. The bow arm needs to be relaxed so that the elbow sits back a little and that should solve the problem. If you concentrate primarily on keeping it relaxed for every shot it should become automatic. It may affect your scores initially but it's worth it in the long run. A locked bow arm will also create tension and make it ache much sooner.
 Failing all else try a long arm guard. It doesn't solve the underlying problem but it's a lot less painful.
 Having experienced it I do sympathise.
 Val

Unstrung

I missed because ... Missing is only a state of mind
 I missed because ... I am missing my mind, I am in a state

LAC Diary		
December	20th	Mince Pie Vegas
January	24th	Portsmouth
	31st	Portsmouth

LRCAA Diary		
December	14th	Foxes Worcester
January	4th	WVA WA18
February	1st	LRCAA Indoor Champs



Onesie

Well do you crave wearing a romper suit? There is chat going about the clubhouse that we should have a onesie shoot. Now is the time to start your research in finding a onesie that suits your personality, just in case the shoot happens.

Fun Shoot



Weather unfortunately dampened the proceedings, including the turnout. Having said that once we started shooting, it was not a bad session.

There were different targets to shoot at, from playing cards, dart boards, "Find the 'X'", nearest the bull, 'Fun size' balloons and the worst had to be, barebow with the wrong hand.

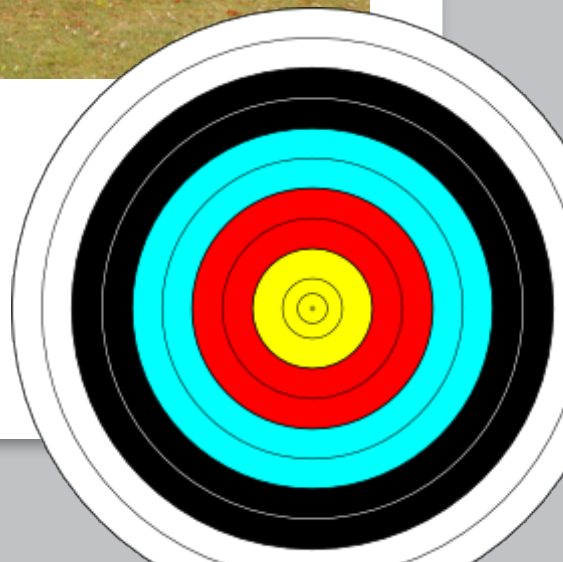
Prizes went to the great and the good.

Once everything was cleared away, it was time for soup and hot dogs. They always taste

better when you have worked hard.

A big thank you goes to Martin and Stuart for making the arrangements and sorting out the food.

There was even a shootout with kids bow and arrow kit, you know, the one with suction cups on the arrow. One or two of us, ok, I mean me, got the hang of it.



It's in the Blood

As a result of a post on facebook a few months ago about Eleanor joining the county team this year, a distant relative who has done a lot of work into his family tree made contact to say that archery must be in the blood.

He sent me a link to the history of the Woodman of Arden from 1785. According to the Archery GB website, target archery for competition started in the 18th century and the Woodmen of Arden were about the 4th archery society to form. The society kept fantastic records about the club, its shoots, rules and bye laws and the whole document can be found on line.

But back to my point.... It turns out that a relative of my great grandmother was an early member of the Woodmen of Arden and the said Miss Boulton obtained the golden bugle on the 26th August 1795. (Quote attached)

It is obviously Eleanor taking a walk in her winning her footsteps, having missed a generation.

Martin

Eleanor

Eleanor won the girls recurve Portsmouth competition at Hinckley.

She has also been given a place on the EMAS junior squad and took part in her first session a few weekends ago.

She also beats her dad every time she shoots ;-)

Forgot to say Eleanor's score for the Portsmouth was 500 with 60 hits and 16 golds..

1795.]

Transactions.

13

the majority in the said lists shall be first balloted for, and so on.

On *Monday, Aug. 27*, the Arrow was won by the Warden, with 3 shots in 11 ends. 33 Woodmen present.

On *Wednesday, Aug. 29*, the Bugle was won at 11 score by T. Palmer, gaining 3 shots in 10 ends. 35 Woodmen present, 9 competed.

On *Monday, Aug. 26, 1793*, the Arrow was won by R. Gresley with 2 shots in 7 ends. 27 Woodmen present, 20 competed.

On *Wednesday, Aug. 28*, the Bugle was won at 9 score by John Dilke with 3 shots in 9 ends. 31 Woodmen present. Thomas Palmer, V., presented a marble bust of the Warden to the Woodmen of Arden, on condition that if the Society shall ever happen to be dissolved, the property of it shall revert to him or his representatives. *Resolved*, that the thanks of this Society be given to T. Palmer, V., for his valuable present.¹

Monday, Aug. 25, 1794.—The Arrow was won by J. Dilke: he and T. Palmer having gain'd each 2 shots in 7 ends, shot one end for it, which was won by J. Dilke. 26 Woodmen present. Miss Moland obtained the Gold Arrow.²

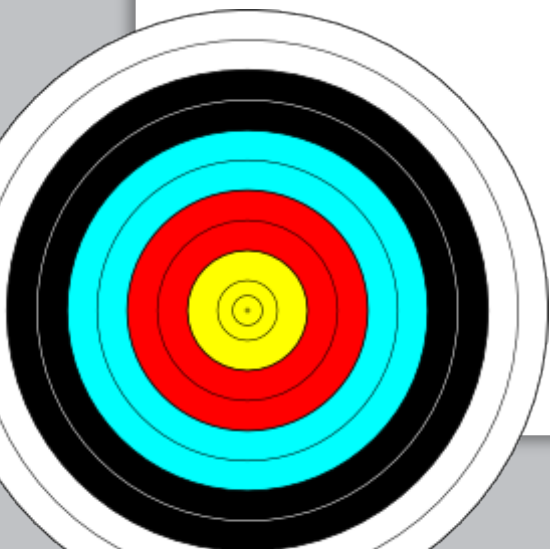
On *Wednesday, Aug. 27*, T. Fetherston won the Bugle at 9½ score. 35 Woodmen present. Miss Mordaunt obtained the Gold Bugle.

On *Monday, Aug. 24, 1795*, the Arrow was won by J. Dilke, gaining the most shots in 11 ends. 27 Woodmen present. Miss Croxall obtained the Gold Arrow.

On *Wednesday, Aug. 26*, at 12 score, the Warden won the Bugle by 3 successive shots. 39 Woodmen present, 5 competed. Miss Boulton obtained the Gold Bugle.

¹ See Appendix—Forest Hall.

² Hazaard's 'Book of Archery,' from which the names of ladies obtaining prizes are supplied, previous to 1810, when the Society's book first records them.



**Angela is 70
Happy Birthday
On Christmas Day**



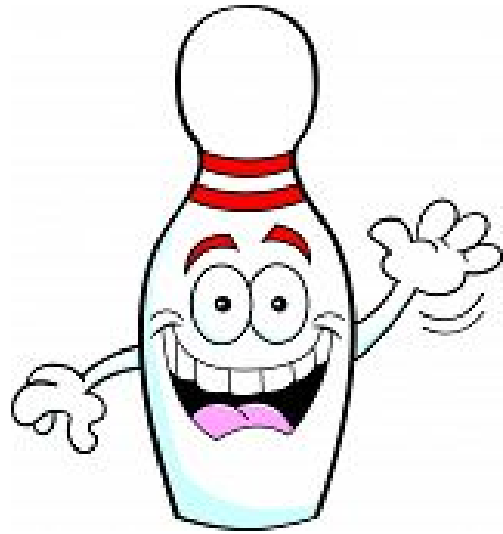
Skittling

What an evening, how can people who aim at a target some 60 yards away, miss a skittle 20 feet away. I know, it does not make sense.

As normal the first game was blokes against the gals, which meant that Martin had to do some clever maths to ensure that the blokes won. I have to say that the gals seem to have a better eye than the blokes, but the blokes were writing the scores on the board. Oh, that sounded very controversial.

For the evening only, I think, Glynis and Phil decided to change their names to Gerald and Geraldine, still uncertain why Glynis wanted to be known as Gerald, but Phil wanted us to see his feminine side, or should I say he wanted to be on the team that was winning.

As per norm, the food was excellent, we even had extra chips, and that made the evening.



The knockout competition to decide who gets the trophy got underway with a few participants seemingly not wanting to win the prize. But strangely, the more you wanted to lose, the more skittles you knocked down, go figure.

This year the trophies go to Jayne Bateman (who retains the trophy) and to Phil Castle (sorry Geraldine).

The final game of the night (for the night owls) involved putting a few pennies into a pot, and then skittling for the highest score. Well done to Angela who walked away with the ill-gotten gains.

There were a few new faces at the event, good to see and hope to see you at future events. For next year there have been several requests for table skittles, so the competition could be intense.

Archery according to 'One Sheet'

Shut that door, the bacon is getting cold. Archery club?
No it's a bacon club sandwich

