



## "Lesson learnt"

### Editorial

Well, we have been outdoors for two months now, quite unbelievable really. It has been good to see so many at the field on Saturdays, as it makes for a good club feeling.

I would like to be the first to formally introduce you to the newest club member. John Toulouse comes to us from around the bend, where John was flushed with success. Please introduce yourself to John, but at your convenience.

I have learnt a hard lesson over the last couple of weeks. Sometime ago, I was having a problem pulling through the

clicker, so decided to help myself by lowering the draw weight. This seemed to help for a short time and then I decided to reduce it further. I then started to have problems tuning, the arrows would not go where I wanted them. To cut a long story short, I have reduced the draw weight to the point where the spine of the arrow, no longer matched my bow. So, I have increased the draw weight and guess what the arrows now go where I point. Lesson learnt, don't mess with your bow, unless you have thought through all the consequences.

## Club Notices

Welcome to Hugh, Victoria, Sandra, Sam, Steve, Brian, Harry, Chris, Allyssa and Imogen, please find time to say hello and introduce yourself.

Advance warning, the GNAS fees have to be paid by no later than the August Bank Holiday. This is an annual one off payment. For beginners who have started just recently, you would have paid a pro-rata amount to cover you until August. As yet we have not been informed of the fee amount (last year it was £51 for seniors and £17.50 for Juniors), as soon as we know we will let you know. Any questions, have a word with Meg (Club Treasurer). By the way no paid up membership to GNAS, means no insurance, means you cannot shoot.

Tea and coffee are not free, please put your 20p into the tin.

If you are the last one to leave the field, then make sure gate is secured, with both the bolt and tied with the rope.

The metal detector is now stored in the new toilet block. The code to access the toilet block has been e-mailed to all club members. If you have not received this, then please have a word with Glynis (Club Secretary).

Please ensure that all you contact details are correct, have a word with Glynis if you are in doubt.

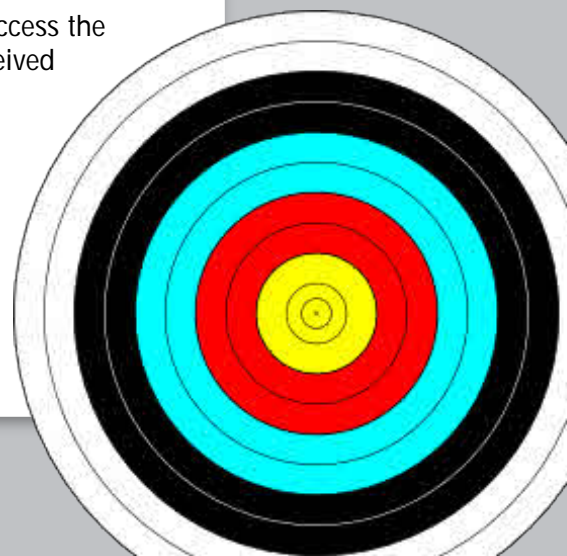
Please check the website for any changes/times of club competitions.

The setting up and taking down of equipment is the responsibility of all club members. So, please don't arrive late and leave early.

**Everybody's help is needed.**

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## *CONGRATULATIONS*

Angela	Club record	Ladies Barebow	Warwick	132	23rd May
	1st	Cadet Girl Recurve	Metric IV	Kirby Muxloe	26th April
Eleanor	1st	Recurve Junior Lady	Short Junior National	Bowmen of Glen	4th May
	1st	Girls Recurve	Bristol IV	LAOFAO	17th May
Andrew	3rd	Gents Longbow	Charity Shoot	LAOFAO	19th April
	1st	Gents Longbow	Hereford	LAOFAO	17th May
Martin	1st	Gents Recurve	Hereford	LAOFAO	17th May

### **Auntie Val**

If you have an archery problem, I et Auntie Val help  
Email: [news@lutterwortharchery.org.uk](mailto:news@lutterwortharchery.org.uk)

Dear Val,

I have only been shooting a few weeks, and I am unsure as to which type of bow to shoot. I have been to my local shop and tried out the different styles, but cannot make up my mind. What do you suggest?

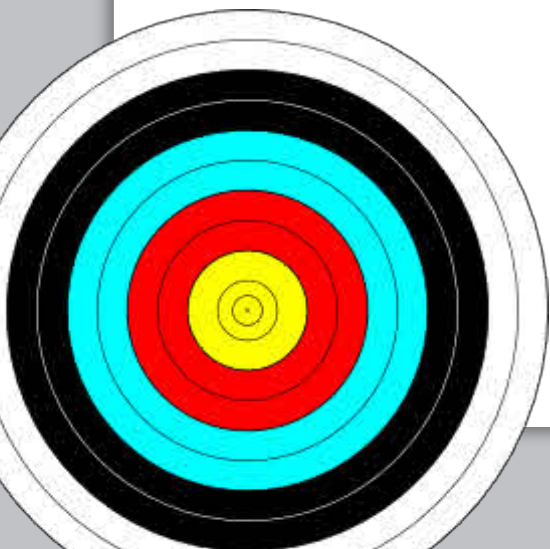
Yours Ivor Dunno

Dear Ivor,

In an ideal world you need to try out each for a few sessions but that is not possible if you are buying from a shop. Sometimes you can borrow for a while. The majority of archers shoot recurves and that would build on what you have learned on the beginner course. I would say this is probably the best route. If you can buy second hand you don't waste too much if you change your mind later. Long bows are great fun and in some ways more challenging but give you a good excuse to miss spectacularly. I think the club has one that you could try for a while if your draw length is not too long. To become proficient with either of these takes time. Compound bow are a bit like shooting machines but can be considerably more accurate. You need more mechanical knowledge and ability to keep them up to scratch. People who have gone from recurve to compound can be thrilled with the scores they get but tend to find easy scores a bit boring after a while.

Ultimately it all depends on what you want from your sport.

Yours Val.



LAC Diary		
June	20th	St. George, Albion or Windsor
	27th	St. George, Albion or Windsor
July	18th	Western
	25th	Western
August	22nd	York, Hereford or Nationals
	29th	York, Hereford or Nationals

# Club News

Its great that the club has the use of a toilet, but please remember the "Toilet Code"



- If you have to lift it - then put it down
- If it runs out - replace it
- If you drip - wipe it up
- If its dirty - clean it
- If it smells - spray it.
- If its liquid do not mix it with solids.
- If its solid don't pass it try taking it home with you

## AGM

The past year has been a good one for the club as reported by the chair (Mick) to the ensemble. A poor turnout by the membership to this year's AGM and the resignation of Stuart and Nigel from the committee were the only disappointments.

All the rules/constitution amendments were accepted, and the biggest decision about the purchase of a toilet being unanimously accepted.

The records officer (Andrew) reported that 19 of us shot 136 outdoor rounds and 22 of us shot 110 indoor rounds. Three social events were reported on by the social secretary (Martin).

A reminder was also noted by the chair, that for health and safety reasons, we need to sign in when we attend an indoor or outdoor shoot.

Next year's AGM is preliminarily dated as 2nd April 2016.

## Did you recognise?

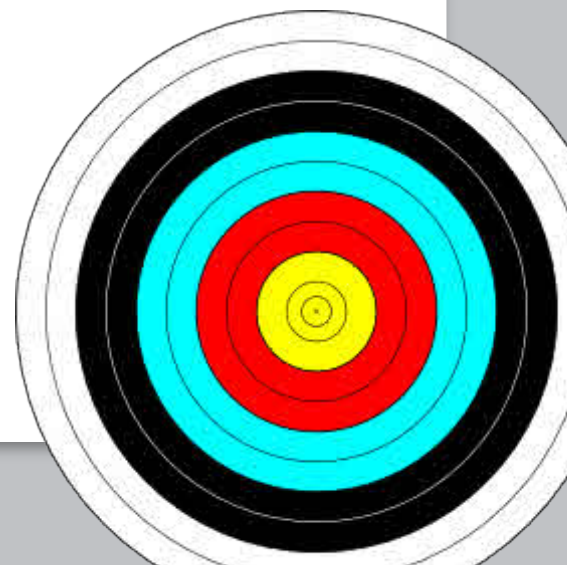
*Did you work it out, it is our mate Ray. (photo right)*



LRCAA Diary		
July	12th	The Foxes - Western
	19th	Welbeck - A 1440
August	23rd	Melton Mowbray - Western

## Unstrung

I missed because ... I couldn't be bothered  
 I missed because ... too much pressure



## Container Move

*For those of you who couldn't be at the field when the container was moved, see the photos below. Please note with the power of thought we were able to make the container levitate or be it with a little help*



My name is Digger Crane (from Australian)  
I am a magician, specialising in levitation

The groupies look on  
"Ah, my hero"

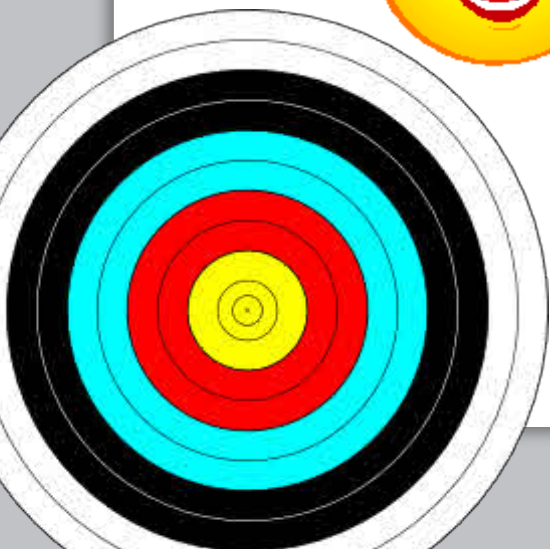


Jon prepares for his high diving act, into  
a bowl of water, whilst Mick drains the  
bowl of water

Now the fanatics arrive, or should I say  
the hard-core



A big thank you to all who helped with  
the container move, especially to  
Marcus (the farmer) who provided the  
muscle and know-how



## Archery according to 'One Sheet'

It's all about that bass ( or in our case the boss ).

*Thanks to Meghan Trainor*



## Awards Afternoon

A pleasant windless afternoon was the setting for this year's awards for achievements during the 2014 / 15 indoor and outdoor seasons.

After a brief welcome speech from our Chairman Mick, the awards were handed out as per the list below.

Once all the awards were completed it was a brief opening ceremony for the newly installed Eco toilet, a pleasant and much needed facility for all members and visitors. There will be a combination padlock fitted soon so check your emails for the code or you could find yourself cross legged for a while!!

The metal detector will also be stored in there to assist with lost arrows on non-club days.

The only thing left to do was to eat all the wonderful food provided by all present, fantastic as far as I was concerned!! ( I honestly couldn't eat all my tea when I got home)

Feedback has been very positive so maybe we will continue to do the awards in this way in the future.

The afternoon was finished with a Warwick shoot which was undertaken by a large majority with every available boss and stand in use.

Congratulations to all the recipients, display your awards with pride, after all you deserved them!!

Jon



### Achievement Certificates:

Gaynor Matkin (Ladies Recurve)  
Glynis Castle (Ladies Recurve)  
Martin Matkin (Gents Recurve)  
Stuart Edge (Gents Recurve)  
Will Ilersic (Gents U16 Recurve)  
Peter Turnell (Gents U16 Recurve)  
Angela Mandy (Ladies Barebow)  
Ray Harris (Gents Longbow)  
Andrew Kelly (Gents Longbow)  
Eleanor Matkin (Ladies U14 Recurve)

### Awards:

Gents Outdoor Recurve Champion for 2014	- Marc Rowley
Ladies Outdoor Recurve Champion for 2014	- Glynis Castle
Gents Outdoor Longbow Champion for 2014	- Andrew Kelly
Gents Indoor Recurve Champion for 2014/15	- Marc Rowley
Ladies Indoor Recurve Champion for 2014/15	- Glynis Castle
Gents Indoor Longbow Champion for 2014/15	- Andrew Kelly
Outdoor Handicap Improvement for 2014	- Gaynor Matkin

