



## "Bake off"

### Editorial

One of the joys and benefits of being a member of the Lutterworth Archery Club, is that so many of our members are such good cooks. We have cheese straws, chocolate cake, fruit cake and biscuits on a regular basis. This may not help your

archery skills, but it does encourage club spirit.

With this in mind, remember that when we move indoors, don't just shoot, but hang around and have a chat.

## Club Notices

Welcome to Amelia Ward, please find time to say hello and introduce yourself.

**Please check the website for any changes/times of club competitions.**

The setting up and taking down of equipment is the responsibility of all club members. So, please don't arrive late and leave early. Everybody's help is needed.

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### Birthdays in October

Ann Glover  
Noel Glover  
Marc Rowley  
Patrick Turner

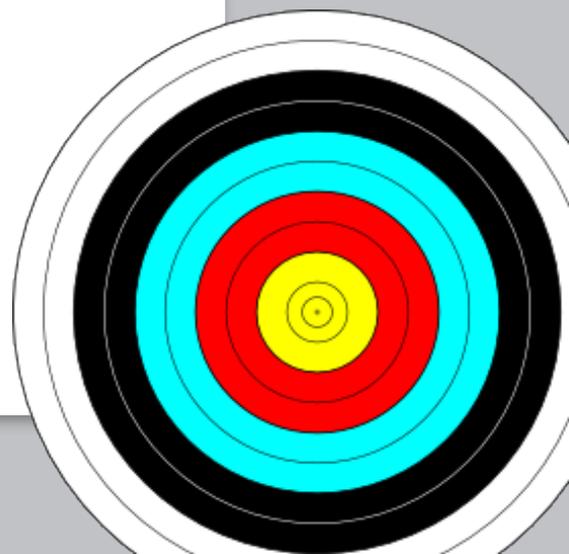


### Birthdays in November

Victoria Andrew  
Glynis Castle  
Joseph Warren  
Anne Wiggins  
Kevin Yeates



COMMUNITY



## Auntie Jayne

If you have an archery problem, let Auntie help  
Email: [news@lutterwortharchery.org.uk](mailto:news@lutterwortharchery.org.uk)

LRCAA Diary		
November	4th	Fosse AC - WA18
	11th	Foxes AC - Portsmouth
December	9th	Foxes AC - Worcester
January	TBC	LAOFAC - WA18
February	3rd	LRCAA - Portsmouth

Dear Auntie Jayne  
How do I determine my draw weight? I am new to recurve archery.  
Yours Toni Waite

*Dear Toni*

*Talk to your club coach. When you did a beginners course you will have used a club bow, this is always your starting point. Using bow scales, and drawing back to your reference point will give an accurate measurement of your draw weight.*

*Auntie Jayne*

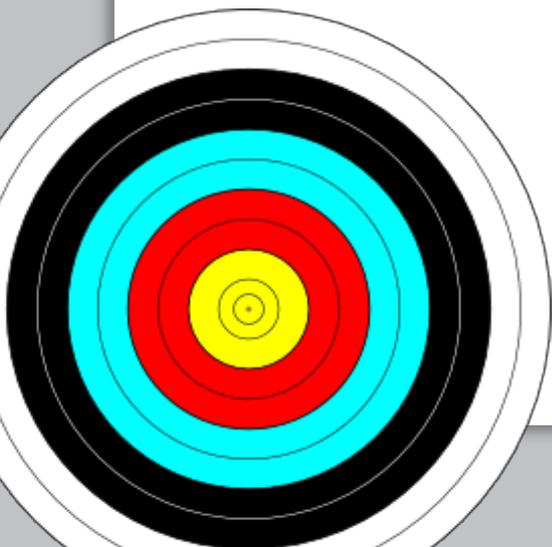
## News

Hayward Underhill has donated his late wife's bow and arrows. These shall be a useful addition to our beginners' kit. Your wife's archery kit will be looked after and used regularly. Our thanks and thoughts go to Hayward.

*We are to arrange a county coach to visit the club and give help. Please let Mick know of your interest. A fee will be charged for this in advance once a date is organised.*

As part of the club's life, we are looking at putting on the following events: curry night, New Year's meal and a frostbite shoot. So keep eyes and ears open for details.

*Terry is starting his level 1 course, so if he asks for your help and or support, please don't step backwards.*



## Archery according to 'One Sheet'

My string snapped the other day whilst I was drawing my bow, luckily I was unhurt. Think I had an arrow escape.



## Fun Shoot

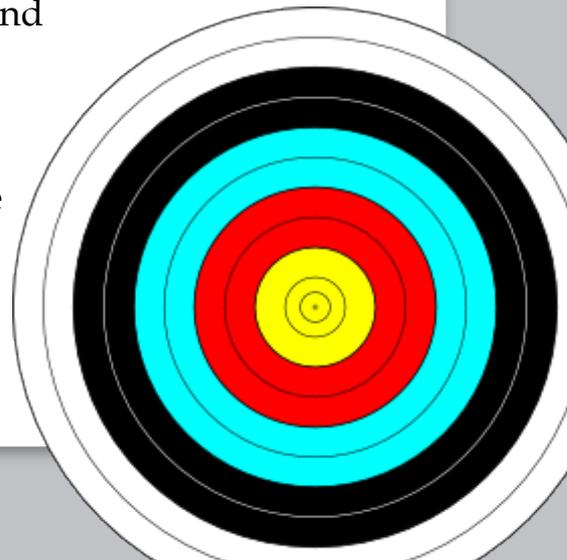
We benefited this year from two handmade targets from the kids at Swinford School. The winning design by Oliver saw him attend a beginners' course and then shoot with us at the fun shoot. We all thought the winning design had everything you want from a target, large low scoring areas, small high scoring regions, but can still be appreciated from 20 yards.

So, onto the report, we were split in 6 teams of either 2 or 3 members, and then shot at a variety of targets, that were at or around 20 yards. I have to say that whoever set out the spacing and alignment of the targets must have had a few sherbets.

With the indoor season around the corner, it was good to exercise the mind and the alignments when shooting at small targets.



We had balloons, poker cards, dart board, collage of FITA targets, flags and abstract shapes, all of which did not encourage repetitive shooting, as they were at different heights and spacing.



# Fun Shoot (continued)

As previously stated there were six teams: Oliver's Army, the Longbows, the No Hoppers, the Terrible Twos, A Trio of Strings and Motley Crew. Some of the team names were very appropriate if you know who is in the teams.

On to the results, to make it fair across the teams, average scores were calculated, which gave the win to A Trio of Strings with Motley Crew in close second.

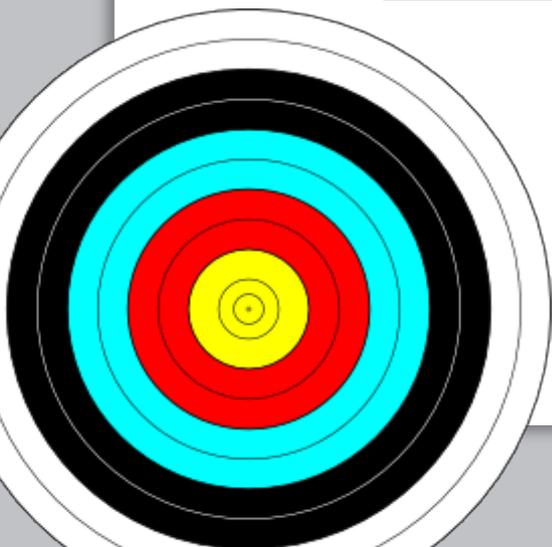
Well done to all, but especially to Oliver for designing the target and for joining us for the fun shoot.

## Indoor Season

I know, it only seems like yesterday, but the indoor season is now looming. Our first indoor session at Lutterworth Sport Centre is the 27th October. We are limited to a two hour slot whilst indoors, so it is important to make the most of this time. So, we recommend you arrive early, set your own kit up, so as soon as we are allowed in the hall, we can setup the targets and start shooting. Please don't arrive late and leave early, as all of us need to help with the targets and net.

Also, remember that the field is still open for you to shoot outdoors all year round.

LAC Diary		
October	13th	L&R300
	27th	Moving indoors
November	17th	L&R300
	24th	Portsmouth
December	8th	L&R300
	15th	WA18



### Unstrung

*I missed because ...*

*I wanted to know what it felt like.*

*I missed because ...*

*I did not know I had to hit the target.*