



## "Remember me!"

Editorial

Even though we are not shooting as a club, be aware that archeryGB, EMAS, LRCAA and of course our own committee are still meeting to ensure that we are ready to restart when the pandemic allows us to. So please support them with a response should one be required. Keep safe and keep supporting Lutterworth Archery Club.

## Club Notices

Welcome to Callum who joins us as an associate. Please find time to say hello and introduce yourself.

*Please check the website for any changes/times of club competitions.*

**Do not move the targets, they are setup for all to use.**

Birthdays in August  
David



Birthdays in September

Damian  
Stephen  
Meg  
Rachel

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## Rugby Bowmen

Thanks to all who replied to the survey regarding Rugby Bowmen using our field on Sunday afternoon.

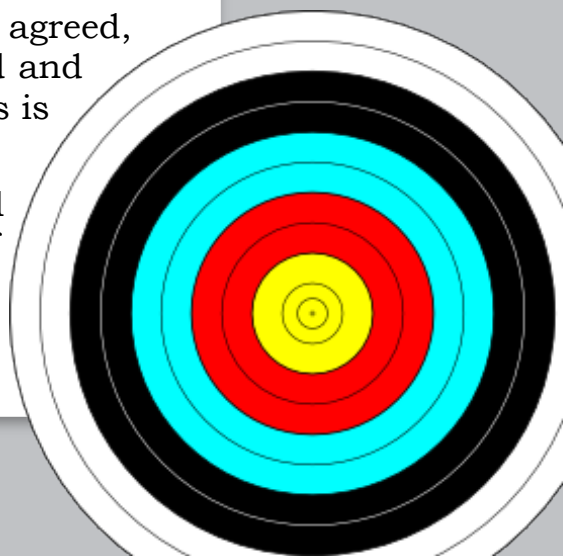
They are grateful that you have agreed, as they use a school playing field and due to the current pandemic this is closed.

So, remember that 1pm until 3pm on Sundays is for the use of Rugby Bowmen only.

Thanks again



COMMUNITY



## Archery according to 'One Sheet'

A club is not just a group of like-minded people, but a chocolate biscuit, excellent with a cuppa.

## Warm Ups

Also useful for keeping those muscles ready for archery.

Illustrations credit to <http://www.jessica-emmett.com/>



## News

*At the end of the newsletter, is a repeat of "Rules of shooting" with respect to re-opening the club following the pandemic. Please take heed and comply.*

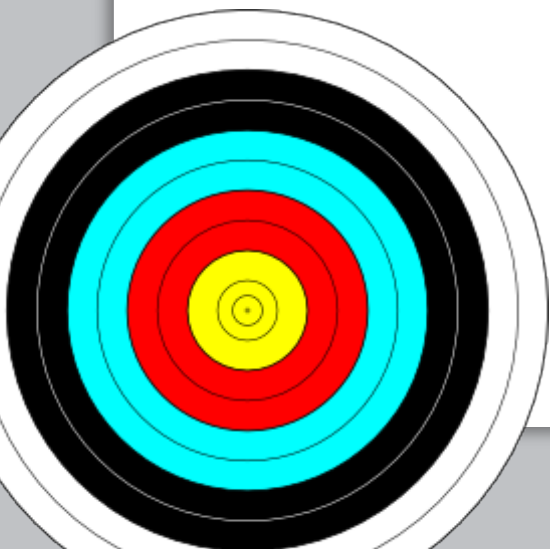
Please check the archeryGB site for the "360 competition". It is a pilot virtual competition for all.

<https://www.archerygb.org/archery-gbs-360-challenge/>

### Unstrung

*I missed because .... I am sat in front of a TV rather than stood in front of a target*

*I missed because .... You can't beat a bit of bully*





# *Lutterworth Archery Club*



## AGB Guide to re-opening clubs

### **New Rules of Shooting**

All archers must follow the guidelines set out below.

#### **1. Arriving at the club field**

We would advise archers to bring hand sanitiser / wipes and gloves with them to the field.

If you are the first archer to the field, you must sanitise your hands after opening the gate before you get back in your car. Similarly, if you are the last archer to leave must sanitise your hands after closing and securing the gate before you get back in your car.

It would be good practice to sanitise your hands once you have finished shooting and have put your bow away.

There will be a **maximum of 5 archers** allowed at the field. If more archers turn up, they will have to wait in their cars and not get out.

If archers are waiting to shoot, there is a time limit of **maximum of 2hrs** at the field for each archer in order that others can take the opportunity to shoot.

Bosses ~~will be~~ have been set up with a 5m spacing to ensure social distancing on the shooting line and when walking up to collect arrows. You must **not attempt to move the target bosses** which have been set out at 100yds; 60yds; 40yds & 20yds No other bosses will be used so please make use of the ones that have been put out

When collecting arrows, you must only pull your own - under no circumstance should you pull arrows for someone else.

#### **2. Target faces and pins**

Archers should only use target faces and pins allocated to them by the club or **provided by themselves**. JVD or Beiter Pinch Target Pins are recommended. These can be purchased online from any archery shop.

You must **take the faces and pins home with you**, when you have finished your session, for use on subsequent visits. This avoids you having to touch either a face or pin which may have been contaminated by a previous shooter. Do not leave the pins in the boss.

It is recommended that you sanitise your hands after pinning your target up and taking it down.



# Lutterworth Archery Club



## 3. Shooting

Archers will shoot 1 to a boss, (unless you are shooting with someone you live with but no more than 2 archers to a boss)

If when you arrive to shoot, the previous archer has not cleared the shooting line, You must wait in your car until the previous archer has packed up their kit and left.

**Only use your own kit.** Kit should be wiped down and archers use hand sanitiser. **Do not touch other archers kit.**

To minimise the risk of **lost arrows**, please only shoot a distance you are competent to shoot. If you do loose an arrow you need to make every effort to find it on your own without the metal detector. This may involve returning another day when there are no other archers waiting to shoot.

**No Socialising**      **Turn up - Shoot - Then leave the field.** Minimise contact with others. There is no need for archers to remain at the club if they are not shooting.

## 4. Facilities

The club cabin will remain closed to members. With this in mind, If you might want a tea or coffee during your shoot, you must bring your own - the brew up facilities will not be available.

The toilet facility will be closed and out of bounds. The metal detector will also be unavailable.

Likewise, the container will remain closed and out of bounds to members.

## 5. Your health and safety

Archers **MUST keep social distance** of minimum of 2m

If you have any **signs of Covid-19**, you **MUST NOT come to the field** and should follow government advice

If **someone in your family is Symptomatic** with Covid-19, you **MUST NOT come to the field** for at least 14days

If you are classified as **extremely vulnerable** on health grounds, the Government guidance is that you should **remain at home**

If you become ill whilst you are at the Archery range you must inform someone and immediately leave and go home, or seek appropriate medical support



# *Lutterworth Archery Club*



## **6. Coaching**

Coaching can take place **only if it is pre-arranged.**

Only one to one coaching can take place.

Archery GB guidelines for coaching need to be followed by club coaches.

These rules of shooting should be read in conjunction with the guidance on the Archery GB website:

<https://www.archerygb.org/return-to-archery-phase-one/>