



"60th"

Editorial

Well it has started, both the mornings and the evenings are lighter, which always provides a lift to the spirit and based on the current lockdown situation, it is very welcome.

This is the 60th edition of the newsletter, and as I have forewarned also my last.

However, again because of the pandemic it may not be. The newsletter is very important as a medium of communication both formal and informal information, so if another member wishes to take on the mantel, then please let me know.

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News

There has been a break-in at Kirby Muxloe Archery Club, so please be vigilant, any time you are passing our field, take a minute to check that all is OK.

Thanks to Sylvia for her letter of encourage to the committee.

Angela says "hi" to the club.

Maintenance is still going ahead at the field. On behalf of the club, a big thanks to Cliff.

Remember to use <https://www.easyfundraising.org.uk> it will raise funds for the club.

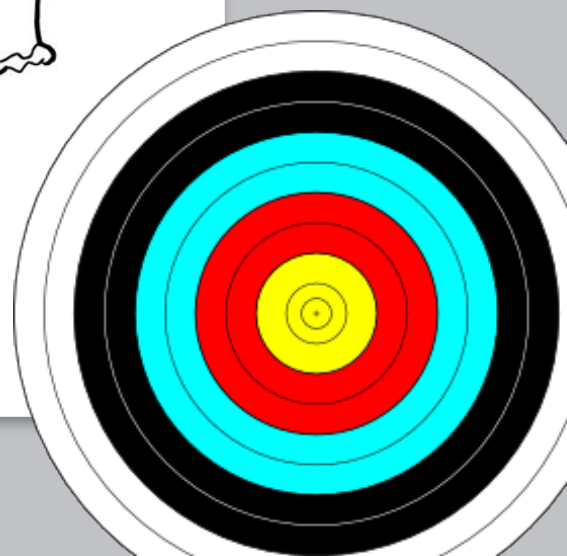
Birthdays in February

Terry
Amelia



Birthdays in March

Jon
Sharon



COMMUNITY

CONGRATULATIONS

Glynis	Club record	Ladies Recurve	Frostbite	242	11th November
Andrew	Club record	Gents Longbow	Frostbite	156	11th November
Cliff	Club record	Gents Compund	Frostbite	327	11th November
Mick	Club record	Gents Recurve	Frostbite	308	11th November

Club Notices

Welcome to Martin Sandwell. Please find time to say hello and introduce yourself.

Please check the website for any changes/times of club competitions/notices.

Do not move the target; they are setup for all to use.

Field CLOSED until further notice due to pandemic.

Archery according to 'One Sheet'

Try blindfolded archery, you don't know what you are missing.

Fitness Videos

AGB have published a series of archery fitness and other videos on their website and on youtube for members to keep up their strength and conditioning during the lockdown. Search for "Lucy O'Sullivan workout Wednesday" or "Improve your game - how to stay bow fit". in youtube.

Links below:

- Hazel Chaisty Improve your game - How to stay bow fit -

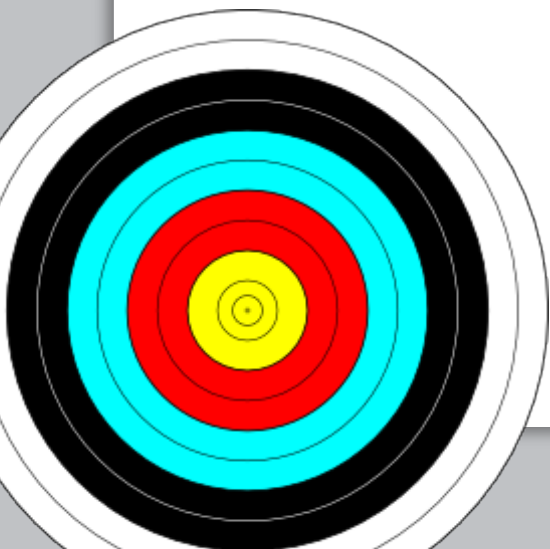
https://youtu.be/6PyF-D9CX_I

- Lucy O'Sullivan Workout Wednesday 6th Jan -

<https://youtu.be/62ny44mNZ9I>

- Lucy O'Sullivan Workout Wednesday 13th Jan -

<https://youtu.be/jSiGCopNuz0>





Working Party

It was a cold, misty Sunday morning in December 2020. In preparation for reopening the field, following the release from lockdown 2, a working party of members turned out to set the field up.

There was much measuring, lifting, moving and sawing to be seen as the intrepid group moved existing bosses and set up the two new bosses the membership requested. After just under 2 hours the job was done. The field now has 7 foam bosses set out at 6 different distances for members to choice from. All secured with wooden blocks under the feet to prevent them sinking into the soft grass and anchored down to prevent then being blown over.

With the flags fixed to the top the group finally posed for a socially distanced team photos!

A big "Thank you" to this hardy bunch of: Cliff, Jon, Martin & Andrew.

Mick

Unstrung

I missed because The nock came off the end of the arrow

I missed becauseI did not want to nock it 'til I had tried it

