



"10th Year"

Editorial

This is the start of a new club year and also our 10th year anniversary. When you get old, it's said that time flies by. Well, it only seems like yesterday since I joined the club, and that was two and half years ago.

I look forward to new challenges, an improvement in my handicap and more importantly a growing and healthy club.

Two new reporters have put pen to paper this issue of the newsletter, thanks to Jon and Mick

Chairman

Who is he?



Following the AGM, Mick has been elected as the new chairman. So, in the best reporter style, I asked him to give a few words, to help us get to know him, so over to Mick....

I am a 'local lad' born and educated in Leicestershire in the days before even Dixon of Dock Green and The Rolling Stones. The eldest of three children, I have a sister, Angie, now living in Holland and a brother, Chris, living at Huncote. Married to Carole since 2003, I have two children, Louise (34) & Kevin (31) and six grandchildren.

I joined Leicestershire Constabulary as a Police Officer in 1972 serving at various locations through Leicester & Leicestershire. I was responsible for the planning and logistics of policing major events such as the International Air Tattoo, Download Rock Festival and all VIP

and royal visits. Retiring from the force in 2003 I took up a position as civilian support staff (didn't even move my desk!) retaining responsibility for some major events. I'm currently seconded to the Olympic Planning Team responsible for the planning and security of the 2012 Olympics in the East Midlands region as well as continuing my involvement with VIP and royal visits.

My pastimes include photography and genealogy and, until I discovered archery around 1994, my sporting interests were restricted to watching rugby and motorsport. I completed a beginners' course and continued for about 18 months until changes at work and injury forced me to give it up. My interest was re-ignited about 3 years ago so I looked for a local club with a friendly atmosphere and found Lutterworth. After contacting Val, I was invited to come along one Saturday. Alan made sure I was safe and with everyone's encouragement I've not looked back since.

Mick

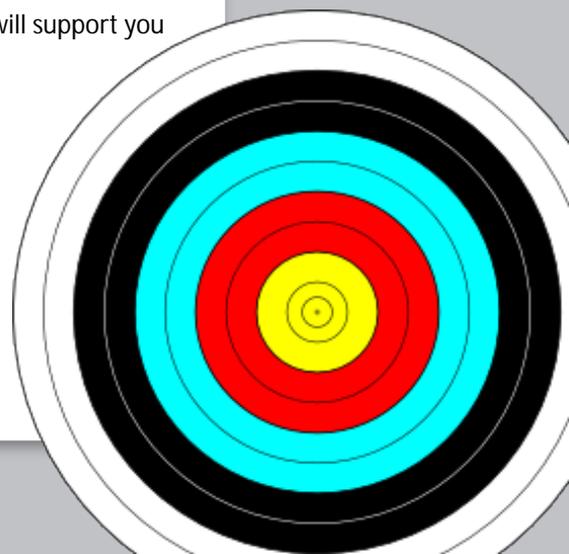
Thanks Mick, I know the club will support you in your new leadership role.



Happy DIAMOND Birthday
ALAN

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CONGRATULATIONS

Caroline	1st	Ladies Compound	Triple	2011/2012 indoor season	
Sally		Handicap award	Portsmouth	LRCAA	5th February
Alan	2nd	Gents Barebow	Portsmouth	LRCAA	5th February
Andrew	2nd	Gents Longbow	Portsmouth	LRCAA	5th February
	2nd	Gents Longbow	Double Portsmouth	LRCAA	5th February

MEGa Tips

Well, I have learnt a massive lesson just recently about my bow setup.

For a while, when I release an arrow, my bow as been vibrating, so all I thought I needed to do was lessen this effect by putting a damper onto my long rod. Yes the vibration did go away, but I did not ask why the problem was there in the first place. One sunny afternoon, during a discussion about stabilization, you guessed it, the cause was found. My bracing height was incorrect. So, to quote Val, "don't take aspirin for a recurring headache, find its cause and cure that".

Club Notices

The AGM saw Mick, Andrew and Val take the positions of Chairman, Records Officer and Social Secretary respectively.

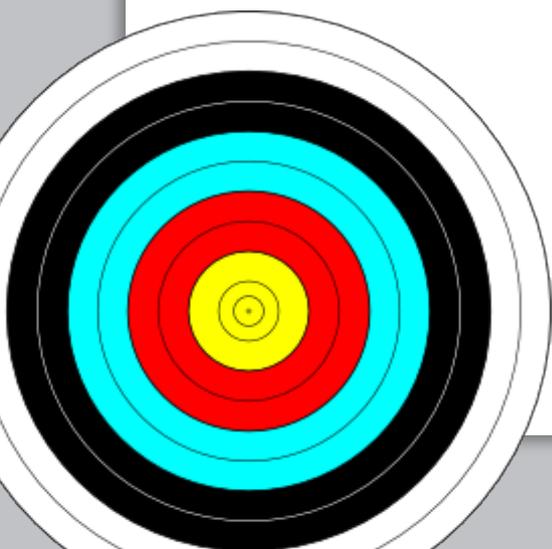
The club fees are due at the beginning of April, £72 and £36 respectively for adults and children. Cheques should be made payable to Lutterworth Archery Club and given to Meg. If you wish to spread the cost, then a standing order can be set up. Go on have a chat with Meg.

If you have never lined the field, then have a word with Nigel. The more people that can mark the lines on the field, the easier and quicker the job will be completed. Please do not let inexperience deter you.

The setting up and taking down of equipment is the responsibility of all club members. So, if you arrive early, please help with the setup, and if you leave early, please ask if the target you are shooting at can be taken down.

LRCAA Shoots

February	5th	LRCAA Indoor Championship (Portsmouth)
	18th/19th	Bowmen of Rutland Combined FITA
March	11th	Chocolate Shoot (Juniors only)



Club Shoots

April	21st	Nationals
	28th	
May	24th	Warwick
	31st	

Competition, a personal view

Well now there I was minding my own business trying to get some decent grouping on the indoor targets at Lutterworth during the winter, when someone said " why don't you have a go at a shoot outside the club, like the County shoot in February"

I thought initially they must have been talking to someone else, but then realised it was me they were asking. So I had a bit of a think about it and decided why not have a go, what can I lose, and I bet there must be a lot to gain from just being there.

So there I was on that very snowy Sunday, having signed in, put my bow together, found my target,



and met the other archers shooting with me. All I needed now was a handful of Prozac and maybe I would stop visibly shaking at the thought of taking part!!

The whistle procedures were explained, although to be honest I can't remember anything they actually said, and the next thing I knew my target partner was saying "you're up mate lets go"

As I stood there my first thought was is everyone looking at me, waiting for my

first arrow to hit the wall?? But in fact after a quick glance around they were all busy shooting their arrows. I could have been an alien from another planet and they wouldn't have noticed. They were focused on the job in hand, and if I didn't get a grip, time would run out on me; so I took a big breath and went for it.

After that first arrow the whole shoot seemed to be over in five minutes flat. I scored a personal best and didn't come last so a good day all round.

If you haven't taken part in a shoot outside the club yet, make sure you do, when you feel ready. All the other archers are full of encouragement and it's really enjoyable, once you get past the nerves!!

After all, if I can do it, anyone can.

Jon

Editor note: Jon, brilliant article, I am so pleased you got a PB.

Unstrung

Top excuses

1. "The clatter of a bouncer, put me off"
2. "My sight is obscured by the riser "

